



## LC SPRING CHICKEN 5K RUN/WALK

Hamburg Park/Schuylkill River Trail
More info at <a href="https://www.friendsoflc.org">www.friendsoflc.org</a>

**26TH**APRIL 2025

**EARLY REGISTRATION DEADLINE: APRIL 13TH** 

Saturday, April 26th at Hamburg Community Park, Franklin St. & Park Rd. Hamburg

Registration begins at 8:00 a.m.

9:00 a.m. Chick Chase Fun Run (age 12 and under) 9:30 a.m. Spring Chicken 5k Run/Walk

Parking on site.....Indoor toilet facilities.....Water available

Questions?
Contact Race Director
sboyer253@gmail.com

Or call or text LC at 610-683-8000

**THE AWARDS: \$50 Fleet Feet Gift Card and Medal** awarded to the top male and top female finisher in the 5k. **Medals** will be awarded to the top three males and females overall and then by age division: 10 & under, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Medals will be awarded to the top three boy and girl finishers in the Fun Run. Awards Ceremony after the race. *Race timed by Pretzel City Sports*.

**MUST REGISTER BY APRIL 13TH 2025** 

TO GUARANTEE A FREE T-SHIRT AND CHICK-FIL-A SANDWICH AT EVENT

**THE COURSE: SCHUYLKILL RIVER TRAIL** GPS measured course starts and ends on the scenic trail at the Hamburg Park. It is an out and back race that is run entirely on the beautiful trail that runs along the Schuylkill River. No rocky terrain, only small pebbles, and very flat and fast. Great course to enjoy the scenic trail and to set a personal record!

## T-SHIRT AND LUNCH GUARANTEED WITH EARLY REGISTRATION

	By April 13	After April 13
5k Run/Walk Adult:	\$30.00	\$35.00
<b>5k Run/Walk CHILD:</b> 12 and under	\$15.00	\$20.00
Chick Chase: 12 and under (no cost with 5k registration)	\$15.00	\$20.00
Teams of Four or More: (per person)	\$25.00	\$30.00

## REGISTER ONLINE AT WWW.FRIENDSOFLC.ORG/SPRINGCHICKEN

Online registration only, no mail in registrations

Nominal service fee applies. Online registration ends at midnight on Wednesday, April 23, 2025. Walk-up registrations are accepted on the day of the race.



## Spring Chicken 5k Sponsor Pledge Form

Walker/Runner Name		Age				
Address			Zip			
Phone Nur	mber		Email			
WALKER/RU	JNNER: PLEA	ASE PRINT ALL INFO	PRMATION AND	O INDICATE T	OTAL PLEDGE	
Name			Name			
Address			Address			
City, State, Zip			City, State, Zip			
□ Cash	□ Check	Amt. \$	☐ Cash	□ Check	Amt. \$	
Name			Name			
Address			Address			
City, State, Zip			City, State, Zip			
□ Cash	□ Check	Amt. \$	□ Cash	□ Check	Amt. \$	
Name			Name			
Address			Address			
City, State, Zip			City, State, Zip			
□ Cash	□ Check	Amt. \$	□ Cash	□ Check	Amt. \$	
Name			Name			
Address			Address			
City, State, Zip			City, State, Zip	)		
□ Cash	□ Check	Amt. \$	□ Cash	□ Check	Amt. \$	
Name			Name			
Address			Address			
City, State, Zip			City, State, Zip	)		
□ Cash	□ Check	Amt. \$	☐ Cash	□ Check	Amt. \$	
Total must b	e filled in to l	oe eligible for prize!	Total pledges	on this sheet:	\$	

If your sponsor would like to make their donation online, please direct them to your personalized FundEasy page that is created after you register for the 5K. This will allow us to track your sponsors for you!